



**BAKING A DIFFERENCE**  
With Freshly-Milled  
Whole-Grain Flour!



Whole Grain Goodness

As we begin the new year, many of us resolve to better ourselves and the world around us. What better way to start than by taking care of your body with whole grains?

Whole Grains are great sources of fiber, vitamins and phytonutrients. And you can be sure that the whole grains you get in Great Harvest Bread are freshly milled with no preservatives — ever. That means the best nutrition possible and the best flavor possible.

**FLAX CRANBERRY COOKIE**

Looking for a more nutritious cookie option? Try our new Flax Cranberry Cookie. Flax and oats provide incredible nutrition and each cookie delivers 16% of your daily fiber needs. Not bad — and it tastes great!

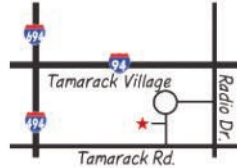
Thanks for your business! And eat well!

Natasha & Bob  
www.greatharvestwoodbury.com  
Ph: 651.578.9756



**JANUARY — WHOLE GRAINS & SOUPS!**

**GREAT HARVEST BREAD COMPANY WOODBURY**  
8160 Collier Way (In Tamarack Village)  
Woodbury, MN 55125  
**WWW.GREATHARVESTWOODBURY.COM**  
**MON-FRI: 7 AM — 6:30 PM,**  
**SAT: 7:00 AM — 5:00 PM**



**JANUARY BREADS — WHOLE GRAINS FOR HEALTH & TASTE**

	Mon	Tue	Wed	Thu	Fri	Sat
Apple Crunch*	X					X
Breakfast Blast ♥				X		
Cinnamon Swirl *		X				X
Challah *					X	
Cheddar Garlic					X	
Cracked Pepper Parmesan			X			
Cranberry Orange ♥	X			X		
Dakota ♥		X		X		X
Half & Half *	X	X	X		X	X
High Five Fiber ♥	X		X		X	
Honey Whole Wheat ♥	X	X	X	X	X	X
Low Carb Wheat ♥				X		
Old Fashioned White	X		X		X	
Oregon Herb *			X			
Pepperoni Rolls						X
Pesto Parmesan						X
Popeye Spinach *				X		
Pumpnickle Rye *		X				
Sourdough/Sundried Tomato Sourdough		X			X	
Sunflower Wheat♥ (Reduced Sodium)		X				

♥ 100% Whole Grain

\* Whole Grain and White Flour Blends

**COOKIES & SWEETS**

January Sweets	Mon	Tues	Wed	Thu	Fri	Sat
Berry Cream Cheese Scones	X	X	X	X	X	X
Banana Bread		X		X		X
Chocolate Brownie Bread			X		X	
Morning Glory Muffins		X		X		X
Oatberry Muffins (Assorted)	X		X		X	
Oatmeal Cookies (Assorted)	X	X	X	X	X	X
Flax Cranberry Cookies	X		X		X	
Peanut Butter Chocolate Chip Cookies		X		X		X



# CAN'T PRONOUNCE IT? WHY EAT IT? AND WHY PAY MORE FOR IT?

## Ingredient & Price Comparison



### Great Harvest Honey Whole Wheat

**Ingredients:** Freshly Ground 100% Whole Wheat Flour, Water, Honey, Yeast, and Salt.

Loaf Size Price

2 lb 2 oz 14.6¢  
per ounce

### Pepperidge Farm™ Whole Grain

**INGREDIENTS:** WHOLE WHEAT FLOUR, WATER, KIBBLED WHEAT, SUGAR, WHEAT GLUTEN, YEAST, SUGARCANE FIBER, HONEY, UNSULPHURED MOLASSES, CONTAINS 2 PERCENT OR LESS OF SOYBEAN OIL, LOWER SODIUM NATURAL SEA SALT, CALCIUM PROPIONATE (TO RETARD SPOILAGE), SALT, WHEAT FLOUR, DISTILLED MONOGLYCERIDES (SOY), DATEM (DOUGH CONDITIONER) NONFAT MILK, CHOCORY ROOT FIBER, SOY LECITHIN AND ENZYMES.

1 lb 8 oz 15.4¢  
per ounce

*We don't hide our ingredients in upper case letters and small print.*

*We **WANT** you to see our ingredients.*

Price comparisons made on Dec 28 & 29, 2010. All trademarks property of their respective owners.

**WWW.GREATHARVESTWOODBURY.COM • 651-578-9756**

Mon-Fri 7:00am-6:30pm  
Sat 7:30am-5:00pm

## SOUP & ROLL SPECIAL

*Buy A Package of Frontier Soup  
Get a FREE Half Dozen Dinner Rolls*

*We have a large variety of healthy,  
low-sodium, soups that can be made in  
about 30 minutes.*



*Offer valid through Jan 31 for Great Harvest Bread Co. Woodbury,  
Limit two per visit.  
8160 Collier Way (Tamarack Village) \*  
651.578.9756*

## JANUARY SANDWICH SPECIAL

**\$2.00 OFF**  
*Any Order for Two  
Whole or Signature  
Sandwiches*



*Check out our website for the full sandwich menu.  
www.greatharvestwoodbury.com  
Ph: 651-578-9756*

*Offer valid through Jan 31 for Great Harvest Bread Co. Woodbury,  
8160 Collier Way (Tamarack Village) \* 651.578.9756*

**NATASHA & BOB'S BREAD SHOP**  
**GREAT HARVEST BREAD COMPANY OF WOODBURY**  
8160 Collier Way (In Tamarack Village)  
Woodbury, MN 55125

**COME VISIT:**  
Mon-Fri: 7:00 AM to 6:30 PM  
Sat: 7:30 AM to 5:00 PM  
**PH: 651.578.9756**  
**WWW.GREATHARVESTWOODBURY.COM**



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Specials